



The Norsemen Pride

August 2018 | Issue 18

THE NEWSLETTER FOR NORTH MUSKEGON SCHOOL DISTRICT

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Norse Environmental Club

The Norse Environmental Club has been hard at work this year organizing many projects to foster sustainability and outdoor education opportunities for students in our district. The club is currently working on projects such as developing the Rick Howard Outdoor Classroom site, celebrating Arbor Day with the fifth graders, working on maintaining North Muskegon's "Green School" certification, and completing weekly recycling collections for paper and plastic waste. The club's most recent event was the Arbor Day celebration, where fifth graders learned about different tree species in Walker Park, helped plant a magnolia tree, got some awesome face paint, and also brought home a pignut hickory tree. The Rick Howard Outdoor Classroom will receive a new observation deck in 2018 which will add to the existing circle of benches in the area, creating a more immersive and educational experience for students outside. Contact Deb Johnson at djohnson@nmps.net for membership opportunities or additional information. Together we can reduce, reuse, and recycle to protect our Earth!



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Welcoming in the 2018/19 School Year!



Hello Norsemen School family! Welcome to the start of the 2018/19 school year! I am hopeful you had a wonderful summer with much time enjoyed with friends and family! I am very excited for what I am confident is going to be another amazing year at NMPS!

As with most school years, you will see some changes in our staffing. We will be introducing our new staff (and staff in new positions) at our beginning of the year events and communication pieces, so keep an eye out! These new teachers and other staffing changes along with our existing staff, parents and greater school community are going to make this an amazing year for our students. I am so proud of the incredible collaboration we continue to embrace here at NM! So, get ready, because here we go... another year of high academic expectations, wonderful performances, fun athletic events, an incredible sense of school community and so much more. I am truly honored and feel privileged to be our district superintendent. Please do not ever hesitate to contact me regarding any questions, concerns and/or celebrations you may have. Together we will make this a wonderful 2018/19 school year.

Sincerely,

Curt Babcock
Superintendent of Schools

"We are an Educational Community that gives our BEST and expects the BEST."

Go Norse!

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Track and Field Day 2018

NM Elementary

This year's Track and Field Day was another HUGE success! Under the skilled leadership of our experienced 5th Grade Students, all of our elementary kids from DK through 4th grade enjoyed games and contests that tested their physical and mental strength - while having fun! Thanks to Ms. Risley, Ms. Shaughnessy, our 5th grade teachers and students, and all of our elementary North STARS for a great week!



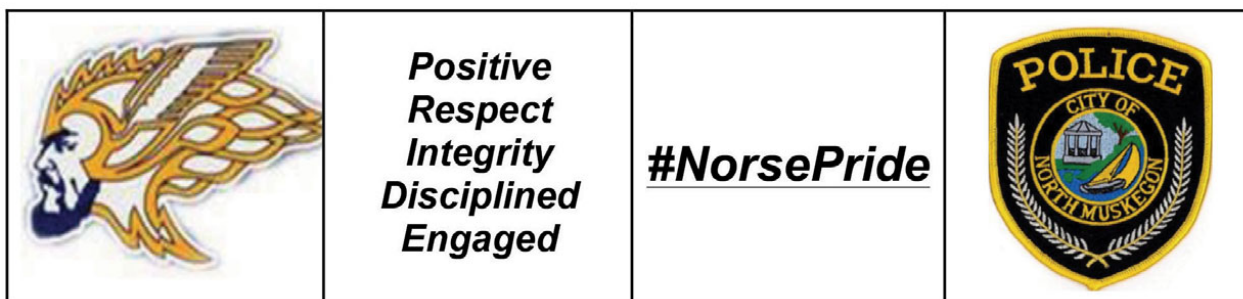
Thank you Ms. Benaway!

Our thanks and congratulations go out to Ms. Trish Benaway, who retired this year after teaching art for 25 years at NM! She has influenced so many of our students, nurturing their artistic abilities and expression, while building and strengthening our art program. Best wishes on your retirement!



NM's New MakerSpace!

Our Elementary Media Center was fortunate this year to be the recipient of a grant from both the Norse Education Foundation and the North Muskegon PTO to begin a MakerSpace. The Price and Brock families also generously donated supplies to get our space up and running. Students have been able to explore with materials from the maker-cart and the new Lego wall during their Library time. They are really enjoying themselves!



Ride With Pride

RIDE WITH PRIDE is a collaborative effort between our North Muskegon Police Department, North Muskegon Public Schools, and the Muskegon Alcohol Liability Initiative.

Specifically, the "RIDE WITH PRIDE" pledge encourages students to practice safe driving habits, abstain from alcohol, follow our Norse PRIDE positive behavior matrix, and have no negative school or police contacts of any type.

The RIDE WITH PRIDE program will provide a platform for collaboration between NMMS/HS, North Muskegon Police Department, and our North Muskegon community.

Throughout the school year, positive behaviors and commitment to

the pledge will be rewarded with a variety of prizes, with the hopes of raffling off a free car at the end of the school year.

We are excited to offer this opportunity to your students and would greatly appreciate any support you would be willing to give us.

We will assure that your support in this initiative will be recognized in multiple ways on our campus, at our events, in our publications, etc.

If you are interested in supporting NM RIDE WITH PRIDE please contact:

Ken Byard, Principal NM MS/HS
kbyard@nmps.net 231-719-4113

TED Talks at NM Elementary!



During the first week of June, the Fifth Grade presented TED Talks as a final social studies project. This unique opportunity allowed students to research, create and present talks on a wide variety of subjects, from the power of gratitude and kindness or preventing animal cruelty, to what students wish their teachers knew about them.



Seventy-five students presented their talks to their fellow classmates, and then selected ten representatives to present their talks in the Flex Center before the whole grade level and invited guests. The students thoroughly enjoyed the project, and the presentations were outstanding. Congratulations to our Fifth Grade students!



MUSKEGON Y SWIM TEAM
MYST

**INFORMATIONAL
PARENT MEETING**

Reeths-Puffer Intermediate
1500 N. Getty Street
Muskegon 49445
Thurs., September 13, 2018
6:30pm

Our swim team is a year round competitive team offering high quality professional coaching and technique instruction for all ages and abilities.

The goal of our team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to national competitor.

Ages: K-12

Practice location: Muskegon High School
Pool Dates: September-February
Registration at www.muskegonmyst.com

For more information please contact:
Margie Collison at 231-343-0239



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NM Choir in our Community!

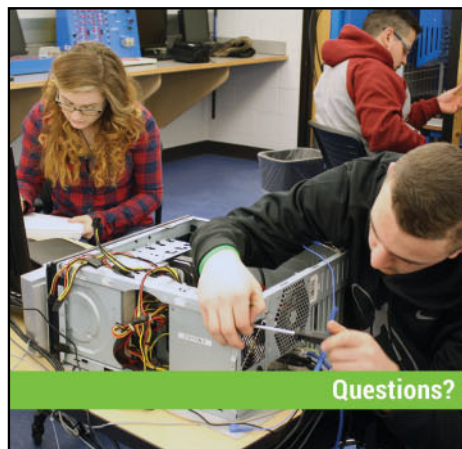


Thank you to Elizabeth Jackson for coaching and preparing so many vocal students this year for MSVMA Honors Choir, Musical Theater Festival, Solo and Ensemble Festival, District Choral Festival and other recitals and community performances. We are so lucky to have you. And a HUGE thank you to the Chris and Stephanie Witham Foundation for providing funds for these events. We are so grateful for your overwhelming generosity. Thank you!



Cabaret 2018: La Belle et La Bête

A record breaking audience flocked to “Be Our Guest” at Cabaret 2018 in early March! Our guests enjoyed a four course dinner cooked by our student chefs, and an enjoyable show featuring over 120 students in French and Spanish classes from elementary to high school. Cabaret, a student created and directed dinner and show, has become a cherished tradition of the language department, headed by Madame Bernadette Billock. The program has grown from a small showing of songs in French fifteen years ago! This year’s musical, “Beauty and the Beast,” was performed in both French and Spanish with live music provided by the North Muskegon student orchestra led by orchestra teacher, Angela Corbin. We are so thankful to our generous sponsors, parents, teachers, and students for making Cabaret 2018 the best dinner and show yet!



High school juniors & seniors!

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North Muskegon Norsemen

2018 Fall Sports Schedule

BOYS JV FOOTBALL

Aug 23	@ Hesperia	7:00pm
Aug 29	Oakridge	6:30pm
Sep 6	Ravenna	6:30pm
Sep 13	Montague	6:30pm
Sep 20	@ MCC	6:30pm
Sep 27	@ Shelb	6:30pm
Oct 4	@ Hart	6:30pm
Oct 11	Whitehall	6:30pm
Oct 18	@Orchard View	6:30pm

BOYS/GIRLS CROSS COUNTRY

Aug 20	@Orchard View Inv	5:00pm
Aug 25	@ Benzie Central	TBA
Sep 6	@Geers Mason CC Inv	4:15pm
Sep 14	@MSU Spartan Inv	TBA
Sep 15	@Sparta Inv (MS)	TBA
Sep 18	Home (HS/MS)	4:30pm
Sep 22	@Oakridge Inv (MS)	TBA
Sep 25	@Mason CC (HS/MS)	4:30pm
Sep 29	@Allendale Inv	TBA
Oct 6	@Portage Inv	TBA
Oct 9	@Oakridge (HS/MS)	4:30pm
Oct 12	GMAA	TBA
Oct 16	@Hart (HS/MS)	4:30pm
Oct 26	Regionals	TBA

BOYS SOCCER 2018

Aug 15	@Hackett	TBA
Aug 21	Muskegon Catholic	7:00pm
Aug 24	@G.R. Covenant	4:30pm
Aug 28	@Montague	4:30pm
Aug 30	Reeths Puffer	4:30pm
Sep 4	Shelby	7:00pm
Sep 7	WMC	7:00pm

Sep 11	Hart	7:00pm
Sep 13	@Whitehall	TBA
Sep 15	Leland	2:00pm
Sep 22	@Harbor Springs	1:00pm
Sep 24	Saugatuck	7:00pm
Sep 25	@Oakridge	7:00pm
Oct 1	@Ravenna	4:30pm
Oct 3,8,10	Conference	TBA

GIRLS GOLF

Aug 17	@Fruitport Inv	2:30pm
Aug 23	@Mona Shores Inv	TBA
Aug 29	@Whitehall Inv	9:00am
Sep 4	@Whitehall	3:30pm
Sep 11	WMC	3:30pm
Sep 17	RP/Whitehall/Fruitport	12:30pm
Sep 20	Fremont	3:30pm
Sep 24	@Spring Lake	3:30pm
Sep 27	@Chip Hills Inv	TBA
Oct 4	@ Reeths Puffer Inv	9:00am
Oct 10	Regionals	TBA

MIDDLE SCHOOL GIRLS BASKETBALL

Sep 6	@Oakridge	4:00pm
Sep 11	Ravenna	4:00pm
Sep 13	Shelby	4:00pm
Sep 18	@Hart	4:00pm
Sep 20	Montague	4:00pm
Sep 25	@MCC	4:00pm
Sep 27	Ravenna	4:00pm
Oct 2	@Whitehall	4:00pm
Oct 4	Oakridge	4:00pm
Oct 9	Whitehall	4:00pm
Oct 15	Conference Tourney Away	
Oct 17	Conference Tourney Away	
Oct 18	Conference Tourney Away	

JV/VARSITY GIRLS VOLLEYBALL

Aug 17	@WMVOA	TBA
Aug 18	@Reeths Puffer Inv. (V)	9:00am
Aug 21	@Muskegon w/M. Catholic (V)	5:00pm
	@Muskegon Catholic (JV)	5:00pm
Aug 23	@Reeths Puffer (scrimmage)	12:00pm
Aug 28	Whitehall (JV/V)	5:30pm
Aug 29	@Grand Haven Inv (V)	3:30pm
Sep 4	@Mason County Central (JV/V)	5:30pm
Sep 6	WMC/Ludington (JV)	5:30pm
Sep 8	@Fruitport Inv (V)	8:30am
Sep 11	Oakridge (JV/V)	5:30pm
Sep 13	@Grand Haven Inv (JV)	TBA
Sep 15	@Grandville Calvin C Inv (V)	TBA
	@Fruitport (JV)	9:00am
Sep 18	@Montague (JV/V)	5:30pm
Sep 22	@Mona Shores (JV)	8:30am
Sep 25	@Shelby (JV/V)	5:30pm
Sep 27	Kent City/Ravenna (V)	5:30pm
	@Ravenna w/Kent City (JV)	5:30pm
Oct 2	Ravenna (JV/V)	5:30pm
Oct 6	@Shelby Inv (V)	8:30am
Oct 10	Hart (JV/V)	5:30pm
Oct 13	GMAA	TBA
Oct 18	@Shelby - Conference (JV)	TBA
Oct 20	Conference	TBA
Oct 23	@Reeths Puffer (JV/V)	5:30pm
Oct 29	Districts	

MIDDLE SCHOOL FOOTBALL

Sep 5	@Oakridge (scrimmage)	4:00pm
Sep 12	@Ravenna	4:00pm
Sep 19	Mason CC	4:00pm
Sep 26	@Whitehall	4:00pm
Oct 3	Hart	4:00pm
Oct 10	@Montague	4:00pm
Oct 17	Shelby	4:00pm

VARSITY FOOTBALL

Aug 24	Hesperia	7:00pm
Aug 30	@Oakridge	7:00pm
Sep 7	@Ravenna	7:00pm
Sep 14	@Montague	7:00pm
Sep 21	Mason CC	7:00pm
Sep 28	Shelby (HC)	7:00pm

Oct 6	Hart	7:00pm
Oct 13	@Whitehall	7:00pm
Oct 19	Orchard View	7:00pm

BOYS VARSITY TENNIS

Aug 15	@South Christian	1:00pm
Aug 17	@Portland Inv	TBA
Aug 23	@Reeths Puffer	12:00pm
Aug 28	@Mona Shores	2:00pm
Aug 30	@Big Rapids	5:30pm
Sep 5	WMC	4:00pm
Sep 10	Whitehall	4:00pm
Sep 12	Ludington	4:00pm
Sep 19	@Grant	4:00pm
Sep 22	@South Christian (GR West)	TBA
Sep 26	@Fremont	4:00pm
Sep 29	GMAA	TBA
Oct 6	Conference @Whitehall	TBA
Oct 11/12	Regionals	TBA

GIRLS CO-OP SWIM MEETS

Sep 4	Home vs. Unity Christian @Muskegon HS Pool	6:00pm
Sep 6	@Manistee @Manistee HS Pool	6:00pm
Sep 8	@Ludington Relays @Ludington HS	11:00am
Sep 13	Home vs. Calvin Christian @Muskegon HS Pool	6:00pm
Sep 15	@Spring Lake Invt. @Spring Lk. Aquatic Ctr	11:00am
Sep 20	Home vs. Ottawa Hills @Muskegon HS Pool	6:00pm
Sep 27	Home vs. Caledonia @Muskegon HS Pool	6:00pm
Oct 4	@Gr. Union @Union HS	6:00pm
Oct 6	@Ottawa Hills Invt. @Ottawa Hills HS	11:00am
Oct 9	@Fremont @Fremont Comm Ctr	6:00pm
Oct 11	@Wayland @Wayland Union HS	6:00pm
Oct 13	MISCA @Eastern MI Univ	12:00pm
Oct 18	Home vs. Thornapple Kellogg@Muskegon HS Pool	6:00pm
Oct 25	Home vs. West Catholic@Muskegon HS Pool	6:00pm
Nov 2-3	OK Rainbow Conf. Meet @Hastings HS	TBD
Nov 7	MHSAA Diving Regionals@East Kentwood HS	5:00pm
Nov 16-17	MHSAA State Swim Meet @ TBD	12:00pm

**GET OUT AND SUPPORT YOUR
NORTH MUSKEGON TEAMS!**

From the Norsemen Archives: Who was Frank E. McKee?

Many of us have often wondered, as we have approached the beautiful and impressive front entrance to our Middle/High School building, “Who was Frank E. McKee? And why is our school named for him?” A little research among our local resources helps us understand and appreciate Mr. McKee’s contributions to our school and community.

Frank Eugene McKee was born in Philadelphia, Pennsylvania on August 22, 1877. He married Florence Hume in 1913, and after her untimely passing, Frank married again in 1929, to Katharine Lacey. Frank served as a Michigan State Senator from 1943-1944 and again in 1951. He was very active in many area service organizations, such as the Shriners and Rotary Club, but perhaps his greatest service was as a long-standing member of the North Muskegon Public Schools Board of Education.

Mr. McKee was the president of the NM Board of Education in 1930, when a new school was erected - the school we now all know and love. He continued in his service through all the years of World War II, a time of great transition for the school community and the world as a whole. Additionally, when the elementary wing of the school was added in 1950, Frank McKee was still serving as School Board President!

Frank E. McKee passed away Feb 13, 1951. He was honored in the 1951 school yearbook with the following memorial:

“Mr. Frank E. McKee, for twenty-five years a faithful member of our Board of Education, will be greatly missed by both students and faculty. His interest in a full program of studies with adequate facilities to teach them was always apparent. On every occasion, whether in his own home community or in the State of Michigan, he was a loyal supporter of good education and many times pleaded the cause for the schools when selfish interests attacked them. Our school and community are better because of Mr. McKee’s interest in and efforts for those things which help boys and girls become better citizens.”



As you walk the hallowed halls of NM, take a moment to remember and appreciate one of our school's greatest champions - Frank Eugene McKee.

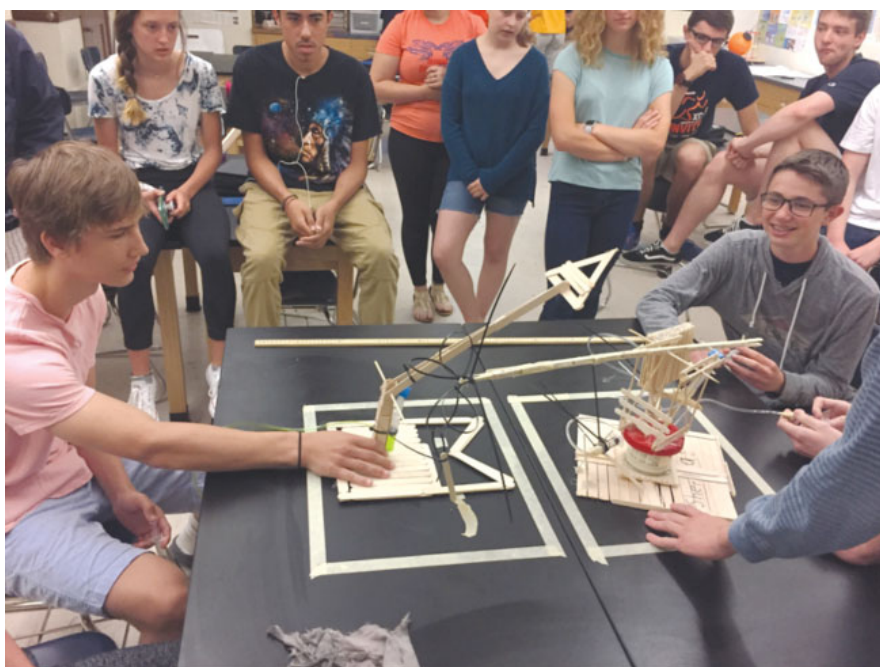
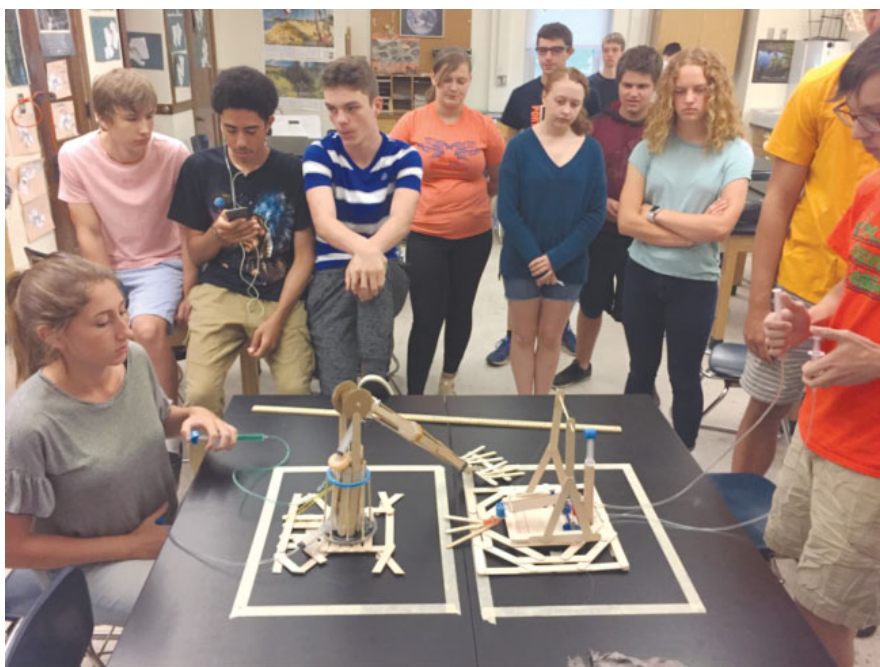


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Engineering and Design Challenge Class

The inaugural run of the Engineering and Design Challenge course was a success. Students were challenged to work collaboratively through a slew of engineering challenges throughout the spring term. This required creative thought, innovation, teamwork, and the application of science and/or math skills. Major projects included designing, building, testing and then rebuilding catapults and Hydraulic Robotic Fighting Arms. In addition, the students were asked to re-frame their preconceptions about engineering. They were challenged to identify a world problem and then by following the engineering design process, research and design a solution and then present their proposals to class as they attempted to “Save the World”. At the end of the semester, students battled it out with their hydraulic robot fighting arms in an eight team tournament. The future is bright with these students in it!

Instructor: Tony Jarvis

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Muskegon County Bar Association Law Day 2018 9th - 11th Grade Speech Contest

2018 marked the 60th Anniversary of Law Day! The 2018 Law Day Theme was "Separation of Powers." While any North Muskegon HS student could compete, the opportunity worked well for the American Literature class to take this challenge, as there is no better example of American authorship than those who wrote the American Constitution.

Every student in Mrs. Seyferth's class had to write an essay on the on the topic of presidential pardons. Some NM youth took the challenge, going above and beyond to compete in our NM Speech contest! Bre Adamczak, John Hayhurst, Parker Kersman, Claire McCall, Namratha Nelapudi and Brett Huff made the first cut for our final contest to send students to Muskegon to compete.

Thank you to our judges who volunteered and helped to make this formal and official, valuing our young Norsemen's efforts! The Judges for our final cut at NM were Belinda Barber, John Noling,



Doug Clark, Cody Liverance, Bill Loxterman, and Superintendent Dr. Curt Babcock.

The winners selected to compete were Bre Adamczak, Claire McCall, John Hayhurst and Brett Huff.

All students attended the the Law Day Luncheon, where North Muskegon students Brett Huff and John Hayhurst were announced as 4th place winners, Brett in the Senior category and John in the 9th-11th grade category.

Congratulations to both John Hayhurst and Brett Huff!



Norsemen IN THE NEWS!

CONGRATULATIONS to our 2018 NM Girls Varsity Soccer team! This incredibly determined, talented, and hard-working team went into the state's Division 4 Semifinals with an UNDEFEATED record of 21-0! They battled with intensity and strength, and ultimately gave up their only defeat to Kalamazoo Christian in a penalty kick shoot-out. Our Varsity ladies are an excellent example of Norsemen sportsmanship, skill, and unity! GO NORSE!



Grad Night 2018!

By Brett Huff

This year's grad night for the class of 2018 was very successful in my opinion. It started off strong with a refreshing slushy from Wesco after sitting in a hot gym for two hours! Our next stop was to Craig's Cruisers. On the surface, you may think a slew of 18 and 19-year-old high school graduates may not find much fun in going to an arcade and mini-golf course, but everywhere I looked my classmates were having a great time! The night ended with a bang when the buses pulled into the Norton Pines Parking lot. Basketball, tennis, swimming, racquetball and a virtual reality machine were just a few of the events we were able to partake in over the final hours we had together. This also gave us time to reminisce upon the last twelve years the majority of us spent together, both good and bad. Overall the night was full of excitement, tears and lots of laughter. I am confident that the class of 2018 will remember this day for many years to come!



Norse Revue On Broadway



Over 250 students performed on the Frauenthal stage with different costumes beautifully designed by Elizabeth Corradin and coordinating graphic design by Rhonda Kinahan! Thank you so much to all of our supporters and especially to Dr. Babcock and Mr. Byard, the North Muskegon Music Boosters, and the NM School Board for their continued support of NM music programs.





Students of the Month

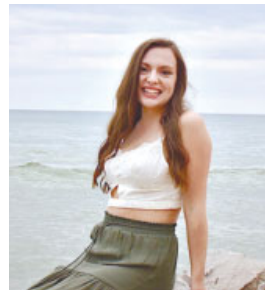


April Student of the Month



Liney Figueroa is the daughter of Antonio and Anabel Figueroa. She is President of the National Honor Society, Vice President of the Orchestra Council, a team leader in the Rotary Interact Club, and a member of Norse United. She enjoys playing her viola, helping around the community, and spending time with her family, especially her three cats. Liney is attending Alma College in the fall to earn her bachelor's degree in biology and psychology to begin her journey towards being a pediatrician.

Samantha Rypstra is the daughter of Lori and Bryan Rypstra. She is a member of National Honor Society, Environmental Club and was the Varsity Cheerleading Captain. She enjoys hiking, going to the beach, and spending time with friends. She will be attending Muskegon Community College in the fall with the Muskegon Promise Scholarship and she plans to transfer to Florida Gulf Coast University to pursue environmental studies.

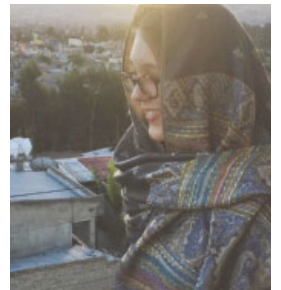


May Student of the Month



Emma Berends is the daughter of Ryan and Ellen Berends. She is a member of National Honor Society, North Muskegon's varsity girls soccer and volleyball teams, and the Early College program at MCC. She enjoys the sun, the snow, and the water, and she is often at the beach, regardless of the season. Next year, she will complete her Associate's Degree in Health Sciences at Muskegon Community College in preparation for pursuing a pre-medical degree in biomedical engineering.

Callie Workman is the daughter of Emily and Chad Workman. She is a Peer Educator at Planned Parenthood, volunteer at the McClees clinic, and a member of the environmental club and the National Honor Society. She has also volunteered at a community development program in Addis Ababa, Ethiopia. Callie will attend Michigan State University next fall and plans to study international relations.



Congratulations to the North Muskegon High School Class of 2018!

Jacob Peter Achterhoff *
Alayna Carol Janae Adams
Lauryn Elizabeth Anderson **
Brett William Beidler **
Emma Elizabeth Berends #***
Stella Rose Branch **
Christian Giovanni Brooks
James Peter Bungart ***
Andrew Edward Butzow **
Catherine Lee Clover
James Maris Cobb **
Jared Gibbs DeMint
Sarah Nicole Durow *

Marion Ruth Eacker **
Phoebe Noelle Eckheart
Josephine Grace Edick ***
Justin Lasaul-Douglas Edwards
Sophia Marie Effken *
Lauren Jane Erndteman #**
Chase Golman Eslick
Ariana Lynn Ferreira
Liney Amairani Figueroa **
Justin Adam Fisher
Jazlyn Grace Francis **
Wesley Steven Fuller *
Lauren Ashley Gale ***

Thomas Murray Gautraud *
Grace Korista Goszkowicz ***
Alec Jonathan Hedges
Martin Oscar Hill *
Dylan Jordan Hoffman *
Benjamin Alexander Hogan ***
Lequan Edward Hooper
Brett Steven Huff ***
Alyssa Breanne Johnson *
Kachanat LaVerne Johnson ***
Torben Chambers Johnson
Kennan Iver Jordan *
Ryan Patrick Kenny

Matthew David Kimbler **
Ryan James Kinahan **
Matthew James Krale
Madalyn Monay Lardie
Leah Joan Lenius *
Jacob Mitchell Lorenz **
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Rhiannon Leigh McIntosh
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Anthony Calvin Oviedo
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Sara Jane Sabo
Karissa Lyn Seagers **
Kylie Adrianna Simonson ***
Haley Elizabeth Slorf **
Leilani Gabrielle Smith

Megan Kristine Sroka ***
Sophie Lois Stewart ***
Jasmine Nicole Thomas
Cassidy Rose Touhy-Lasley
Matthew James Tyson
Henry John Vander Woude *
Hunter Lee Vargas **
Jesse Torrensen Ware
Mitchel Edward Wolters *
Callie Dianna Workman ***
Alyson Suzanne Zorn

Exchange Students:

Ida Bang - Denmark
Benedetta Cherchi - Italy
Mathis Mueller - Germany
Julia Torieda - Japan

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**Magna Cum Laude
(3.745-3.894GPA)
***Summa Cum Laude
(3.895-4.0GPA)
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What is “Mindfulness”?

**By Lisa Cobb,
School Social Worker/Behavior Specialist**

Mindfulness is paying attention to your life, here and now, with kindness and curiosity. One of the primary ironies of modern education is that we ask students to “pay attention” dozens of times a day, yet we never teach them how. Our attention tends to wander frequently to the past, future and elsewhere. Mindfulness brings attention

to your moment-to-moment internal and external experience. We can attend to the breath, the body, thoughts, emotions, tastes, smells, sights, touch and sounds. We can all become in tune with our impulses and actions and their effects on others and our environment. Scientific research supports that practice of paying attention and mindful awareness enhances both academic and social-emotional learning.

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