

Spring Term 2015

Our 2015 Spring term begins April 27 and ends June 4 with our final day of Spring term exams. In addition to courses that allow our students to recover HS credits and courses that are required to earn a North Muskegon diploma like **Health, Argument & Research**, and **World History**, our Spring term also offers a stimulating variety of elective courses designed to enrich, challenge, and connect to our local community. Our students will be:

Building working robots and competing against other schools in Robotics,

Working towards qualifying our school district as a "green district" and working outside in our local parks to remove invasive species and protect wildlife in **Environmental Stewardship**,

Visiting local farms and local restaurant Mia & Grace to gather and cook healthy, Frenchstyle meals in French Cooking at Mia & Grace,

Learning proper, careful animal dissection techniques used to enrich our students' study of vertebrate anatomy and learn how to engage in civil, productive discussion of contemporary bioethical issues in **Dissection and Bioethics**,

Using T184 calculators to graph functions and express linear, quadratic, polynomial, and exponential regression in our **T1 Graphing Calculator** course, Reading, fishing, and sketching, using Norman McClean's A River Runs Through It and James Prosek's Trout of the World as a base texts to expand upon field lessons on our Muskegon Lake watershed in **A River Runs Through It**.

Our 6th, 7th, 8th and 11th grade students will also be experiencing the new, state-mandated summative M-STEP tests during our Spring term. All 4 groups of students will be tested in language arts and math, with our 7th and 11th graders also testing in science, and our 8th and 11th graders testing in social studies. All of these tests are computer based. Our middle school and high school teachers are working diligently to prepare our students for this latest round of state testing and to provide our students with another 6-weeks of enriching, springtime coursework.



May 2015 | www.nmps.net | The Newsletter for North Muskegon School District

Greetings Norsemen Education Family!



Are you ready for another wonderful edition of the Norsemen Pride? Ready or not, here it is full of stories about our incredible students, caring staff and supportive school community! As I think back on all of the exciting things that have occurred over the past several months, it is hard to believe that the 2014/15 school year is quickly coming to a close.

Our NM school community provided even more examples adding to our long standing tradition of educational excellence. I hope you had a chance to be a part of the many performances, athletic events and educational celebrations that occurred this past year. And, even more so, when you were at these events I hope you swelled with Norse Pride!

In a couple of weeks, we will be graduating the Class of 2015! I congratulate this incredibly talented group of Norsemen and wish all of them well in their future plans. It has been a pleasure watching them advance through their high school years - what a great group of kids! Thank you for making us proud and congratulations to our newest NM alumni!

There are school-based activities all around us, please get involved and enjoy the springtime excitement! Thank you for your continued support of our school community! Enjoy your newest edition of the Norsemen Pride!

Enjoy your Newsletter and Go Norse! Curt Babcock, Ph.D. Superintendent of Schools

Elementary Schedule

MAY.

Teacher Appreciation Week May 4-8 4th grade Field Days, NM Football Field, 9 a.m. - 11:15 a.m. Monday, May 4 5th grade Field Days, NM Football Field, 12:30 p.m. - 2:45 p.m. Tuesday, May 5 2nd grade Field Days, NM Football Field, 9 a.m. - 11:15 a.m. 1st grade Field Days, NM Football Field, 12:30 p.m. - 2:45 p.m.

Wednesday, May 6 3rd grade Field Days, NM Football Field, 9 a.m. - 11:15 a.m. DK/K Field Days - Both DK classes attend PM session -12:30 p.m. - 2:45 p.m. 3rd grade Pool School, YMCA, 8:45 a.m. - 10:40 a.m. Thursday, May 7 2nd grade Strings Concert, NM Fine Arts Center, 6 p.m. 3rd grade Strings Concert, NM Fine Arts Center, 7 p.m. Friday, May 8 AM DK Musical, NM Fine Arts Center, 10:15 a.m. 1st grade Field Trip, John Ball Zoo, 8:15 a.m. - 3 p.m. DI Movie Night, NM Fine Arts Center, 6 p.m. - 10:30 p.m. Board of Education Regular Meeting, MS/HS Library, 7 p.m. Monday, May 11 Wednesday, May 13 AM DK Field Trip, Camp Pendalouan, 8:30 - 10:45 PM DK Field Trip, Camp Pendalouan, 12:30 - 2:45 p.m. Thursday, May 14 1st grade Field Trip, Camp Pendalouan, 8:15 a.m. - 3 p.m. 3rd grade Pool School, YMCA, 8:45 a.m. - 10:40 a.m. 4th/5th grade Spring Concert, NM Fine Arts Center, 6:30 p.m. All 4th graders perform along with 5th grade Strings and Band **Students** Friday, May 15 Kindergarten Alphabop Musical, NM Fine Arts Center, 2 p.m. Monday, May 18 2nd grade Field Trip, Hackley & Hume Home & County Museum, 9:40 - 11:40 a.m. Tuesday, May 19 PTO Meeting, Elementary Library, 7 p.m. 3rd grade Pool School, YMCA, 8:45 a.m. - 10:40 a.m. Thursday, May 21 Friday, May 22 1st grade Musical, NM Fine Arts Center, 2:00 p.m. Monday, May 25 No School, Memorial Day 4th grade Field Trip, Wolf Lake Fish Hatchery, Tuesday, May 26 8:15 a.m - 2:40 p.m. Wednesday, May 27 DK/Kdg New Parent Meeting, NM Fine Arts Center, 6 p.m. Thursday, May 28 4th grade Field Trip, White Pine Village, 8:30 a.m. - 2 p.m. Friday, May 29 Kindergarten Round-Up, No School for current DK & K students 2nd grade Field Trip, Dutch Village, 8:15 a.m. - 3 p.m.

JUNE

Monday, June 8

Monday, June 1 Kindergarten Field Trip, Teusink's Pony Farm, 8:45 a.m. - 2 p.m. Tuesday, June 2 DK Field Trip, Imagination Station, AM 8:40 - 10:45, PM 12:30 - 2:45 3rd grade Field Trip, Michigan's Adventure, 9:30 a.m. - 2:45 p.m. Wednesday, June 3 DK Field Trip - Rain Date, Imagination Station, AM 8:40 - 10:45, PM 12:30 - 2:45 5th grade Breakfast, 9:30 a.m. 5th grade Promotion, NM Fine Arts Center, 8:30 a.m. Thursday, June 4 AM & PM DK attend in the morning (7:55 - 11:25 a.m.) Last Day, 1/2 day of school, Dismissal at 11:25 a.m.,

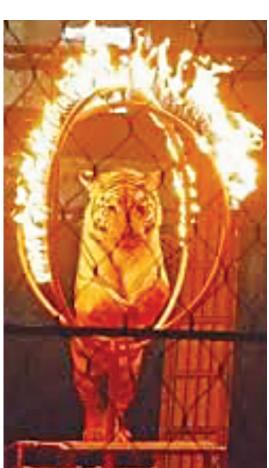
Board of Education Regular Meeting, Elementary Library, 6 p.m.

Staff Inservice End of 2nd Semester

A Day At The Circus



In March the 1st grade classes took a field trip to the Circus. The children saw tigers, tight rope walkers, elephants, trapeze artists, clowns and many more acts. Thank you to the chaperones that volunteered to help with all the excitement!





Adriana Matuzeski. A'livah Cummings and Naomi Zziwambazza.



Lliam Carty, Samson Cisneros and Brody Frees.



Sylvia Skujins, Sierra Sikkema and Kelly Toebe having a great time.



The Norsemen Pride

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2nd Grade Gives Back!

The second grade class learned how rewarding it can be to give back to their community this past Holiday Season. The children brought in gifts for the residents of Hillcrest Nursing Home. They brought in items such as books, crossword puzzles, lotions and make-up bags. The classes, along with parent volunteers, wrapped all the presents. They gifts were then delivered to the nursing home by the smiling kids. The class had the chance to visit with residents and sing carols. It was a very moving experience for all involved.









Dear Mrs. Schumacher & 2nd grade class,

We were so delighted to receive your thoughtful gifts. Christmas time brings a time of joy and friendship, generosity and love. Your thoughtfulness of giving this season has cheered and brightened all of our residents day. And I'm sure will last throughout the holidays and beyond. Your children truly are an inspiration, and left our staff hearts truly warmed by your gift of giving. We hope you all had a joyous and safe holiday, filled with the wonderment of the season.

> Thank you, Hillcrest Nursing & Rehabilitation Residents & Staff

Top, right: Charles Meyers, Logen Kreigh, Chase Stockman, Patrick Casey and Tristan Thomas

Bottom, right: Liliana Salisbury and Owen Booth

> Bottom, center: Mila VanTol and Jessica Bogue

Bottom, left: Jordan Metz, Oliver Chumley-Jarvis, Cole Blastic and Tate Pannucci The Newsletter for North Muskegon School District | www.nmps.net | May 2015





Learning About Electricity!

The Lakeshore Museum visited the 4th and 5th grade students in February. The students were learning about current and static electricity. They discussed magnets and how they create electricity and how generators work. Students also had fun discovering static electricity through some hands on activities.

Top, left: Students experimenting with static electricity. Bottom, left: Onna Heikkila and Mason Vanwyck are helping with the static electricity demonstration.

2015 MMEA Elementary Honors Choir

North Muskegon Elementary has three students involved in the MMEA Honors Choir this year. **Gabby Gaston, Brendan Harris** and **Natalie Johnson**.

The Michigan Music Education Association (MMEA) Elementary Honors Choir made their debut performance on Saturday, March 21st, 2015. 3rd-6th grade students from 22 schools throughout

Michigan were selected by audition to perform with this elite group. Conductor Kyle Zeuch led the 125 member ensemble through a rehearsal at the MSU Community Music School on Saturday, March 7th. The group performed four selections at their concert on March 21st, including:

Banjo Sam, arranged by Jay Broeker Shine on Me, arranged by Rollo Dillworth Three Quotes by Mark Twain, music by Andrea Ramsey Song of the Apple Tree, words and music by Stuart Chapman Hill



The MMEA Elementary Honors Choir is supported and partially funded by a grant from the Michigan Council for Arts and Cultural Affairs and the National Endowment for the Arts. MMEA is pleased to welcome JWPepper & Son, Inc. as the music sponsor for this inaugural event.

The mission of the Michigan Music Education
Association is to advance the quality of music education in Michigan. MMEA
offers professional development workshops throughout the state and
performance opportunities for elementary, middle & high school students.
MMEA has a strong history of providing state and national advocacy/
legislative support and outreach to pre-service, current and retired Michigan
music educators of all experience levels. MMEA is a proud state-affiliate of
the National Association for Music Education. (NAfME).

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Paige Erndteman and Alaina Cordle



Abrona Crosby and guest



Lauren Dahlquist and guest



Avery Moat and guest

Father Daughter Sweetheart Dance

February was the annual Father Daughter dance. The dance is put on by the PTO for all girls in the Elementary. This is a special event that is looked forward to by both the girls and their special guests. The night was filled with dancing, snacks and fun with friends.



Keira Lindstrom and guest, Karli Gregg and guest



Molly Stewart, Elizabeth Piper, Abby Bayne and Laura Batch



Isabella Kirksey and Brieah Freet



Anna Blastic and guest





Lyndsey Beerman and Emma St.Germain



Sydney Stoneburner, Dylan Leonard and Adelle Proksa



Sofia Dykstra and guest



Macy Lasser and guest

North Muskegon Norsemen

2015 Spring Sports Schedule

DATE	OPPONENT/LOCATION	TIME	DATE	OPPONENT/LOCATION	TIME	
BOYS \	/ARSITY BASEBALL		May 12	Montague (DH)	4:00	
March 31	at Oakridge (DH)	4:00	May 14	at Hesperia (DH)	4:00	
April 2	at Holton	4:00	May 18	at Reeths-Puffer (DH)	4:30	
April 14	at Shelby	4:00	May 19	at Whitehall (DH)	4:00	
April 17	Muskegon (DH)	4:00	,	,		
April 20	Fruitport	4:30	BOYS (GOLF		
April 21	Ravenna (DH)	4:00	April 13	at Reeths-Puffer	3:30	
April 24	at Mona Shores	4:15	April 14	at Ravenna	3:30	
April 25	at Saugatuck (DH)	10:00	April 20	at Whitehall	3:30	
April 28	at Hart (DH)	4:15	April 22	NM Invite	1:30	
May 2	GMAA	TBA	April 23	at Western MI Christian	4:00	
May 4	Orchard View (DH)	4:00	April 24	at Ludington Invite	8:30	
May 5	Mason County (DH)	4:00	April 27	at Shelby Invite	1:00	
May 9	Muskegon Catholic Central	12:30	April 28	at Montague	3:30	
May 11	at Western MI Christian (DH)	4:00	April 29	GMAA	TBA	
May 12	at Montague (DH)	4:00	May 5	at Shelby	3:30	
May 14	Hesperia (DH)	4:00	May 7	Home vs. Muskegon Catholic	3:30	
May 18	at Reeths-Puffer	4:30	May 11	at Hart	3:30	
May 19	Whitehall (DH)	4:00	May 14	at Mason County	3:30	
May 30	Districts	TBA	May 15	at Montague Invite	9:30	
DUAC I	V PASEDALI		May 20	Districts	TBA	
March 31 Oakridge (DH) 4:00			May 27	Regionals	TBA	
April 2	Holton	4:00	GIRLS VARSITY SOCCER			
April 14	Shelby (DH)	4:00	April 14	at Oakridge	7:00	
April 17	at Muskegon (DH)	4:00	April 16	at Muskegon	6:45	
April 20	at Fruitport	4:00	April 21	Hart	7:00	
April 21	at Ravenna (DH)	4:00	April 23	GR Convenant Christian	6:30	
April 24	Mona Shores	4:30	April 25	at Black River Tournament	9:30	
April 27	at Fremont (DH)	4:15	April 28	at Shelby	5:00	
April 28	Hart (DH)	4:00	April 30	Montague	5:00	
May 4	at Orchard View (DH)	4:00	May 1	Manistee	6:00	
May 5	at Mason County (DH)	4:00	May 5	at Mason County Central	5:00	
May 9	Muskegon Catholic Central	10:30	(DH) = Double Header			

April 15

at Western MI Christian

DATE	OPPONENT/LOCATION	TIME	DATE	OPPONENT/LOCATION	TIME	
GIRLS \	VARSITY SOCCER (CON	T.)	April 16	Muskegon Catholic	4:00	
May 7	Whitehall	5:00	April 18	at Reeths-Puffer	9:00	
May 8	at Reeths-Puffer	6:30	April 20	Fremont	4:00	
/lay 11	Ravenna	6:30	April 22	Ludington	4:00	
/lay 14	Western MI Christian	7:15	April 25	at Northpointe	9:00	
May 13,18,20 Conference TBA		April 27	at Grant	4:00		
GIRLS JV SOCCER			April 29	Fruitport	4:00	
April 15	at Coopersville	5:00	May 2	GMAA	TBA	
pril 16	at Muskegon	5:00	May 4	at Spring Lake	4:00	
pril 23	GR Covenant Christian	5:00	May 7	at Reeths-Puffer	TBA	
/lay 1	at Ravenna	4:00	May 9	at Ludington Conference	TBA	
/lay 7	Whitehall	5:00	May 12	at GR South Christian	TBA	
лау 1 Лау 8	at Reeths-Puffer	5:00	May 14 & 1	5 Regionals	TBA	
/lay 11	Ravenna	5:00	BOYS VARSITY TRACK			
/lay 14	Western MI Christian	5:30	March 31	at Whitehall	4:00	
/lay 16	at Ludington Invite	10:00	April 16	at Mason County	4:00	
BOYS S	OFTBALL		April 21	at Montague	4:00	
March 31	at Oakridge (DH)	4:00	April 28	Home (Shelby & Hart)	4:00	
pril 2	at Holton	4:00	May 1	GMAA	TBA	
pril 14	at Shelby (DH)	4:00	May 5	Conference Make-Up	TBA	
pril 16	at Grand Haven (DH)	4:30	May 12	Conference at Montague	TBA	
pril 17	Muskegon (DH)	4:00	May 16	Regionals	TBA	
April 20	Fruitport (DH)	4:00	May 20	at West MI Invite at Reeths-Puffer	TBA	
April 21	Ravenna (DH)	4:00	BOVE N	IIDDLE SCHOOL TRACK		
April 24	Mona Shores (DH)	4:00			4:00	
pril 25	at Saugatuck (DH)	10:00	April 20	Oakridge Whitehall		
pril 28	at Hart (DH)	4:15	April 22 April 24	Whitehall GMAA at Reeths-Puffer	4:00 TBA	
pril 30	Spring Lake (DH)	4:00	April 24 April 27		4:00	
lay 2	GMAA	TBA	April 27 April 29	at Oakridge	4:00	
lay 4	Orchard View (DH)	4:00	May 4	at Montague at Hart	4:00	
lay 5	Mason County (DH)	4:00	May 6	at Shelby	4:00	
/lay 12	at Montague (DH)	4:00	May 13	Conference at Ravenna	4.00 TBA	
/lay 1 6	North Muskegon Invite	9:00	Way 13	Comerence at Naverma	IDA	
/lay 19	Whitehall (DH)	4:00		(DH) = D(ouble Header	
May 30	Districts	TBA		(011) – 00	Jubie Headel	
GIRLS 1	TENNIS TENNIS	1				
March 21	NM Invite at Northpointe	9:00				
March 28	at MSU - Portland Invite	5:00	Gaa	d Sports Are Wir	nerel	
pril 13	Whitehall	4:00	400	a opoits Aic Wil	1110131	
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4:00

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MATH COUNTS!



North Muskegon once again had a great showing at the district level for the Muskegon Chapter of Mathcounts. North Muskegon took fourth place in our district with team members Will McCall, Darcy Nedeau, Aisha Brown and Andrew Koman. Serving as alternatives and also representing North Muskegon with a fine showing was Hope Johnson and Namratha Nelapudi. These students did a great job throughout the morning. Darcy Nadeau and Will McCall both made it to the countdown round. Darcy finished 2nd overall in the countdown round and 5th overall in the competition. Will McCall finished 2nd overall in the competition, winning an invitation to the impressive state competition at the GM Technical Center in Warren, Michigan. These students gave up many of their lunches to work together on difficult math problems to prepare for the competition. It is always amazing how well our Norsemen arise to the challenges that we set before them. Way to go team, we are very proud to have you representing us. Go Norse!

Spelling Bee 2015

The National Spelling Bee is the nation's largest and longest running educational not-for-profit organization. The purpose is to help students improve their spelling, increase their vocabulary, learn concepts and develop correct English usage that will be lifelong.

North Muskegon is proud of our two regional contestants: Piper Meldrum-Roy (pictured to the right) and Namartha Nelapudi (pictured to the left). Although they did not qualify for State competition, they represented our school well in the competition held at Fruitport High School on February 10, 2015. Both young women are currently in the seventh grade. Congratulations ladies!

If you have a child interested in the 2016 Spelling Bee, contact Mrs. Gallo this fall. For more information, go to www.spellingbee.com for more information and fun Word Club links! The program is open to students who have neither turned 16 years of age nor passed beyond the eighth grade.



Kaylee Martin

Sophia and Maya Corbin



Katie Kinahan

Elementary



Riley McEvoy



Dylan Leonard and Dad



Lilly Downs



Noa Bowen



Maya Corbin and Mattie Houseman



Noa Bowen



Noah Peoples

Talent Show

In February the community was treated to a talent show put on by the Elementary students. There were a wide range of talents on display from hula hooping to magic. The students performed in front of a sold out crowd and kept everyone entertained from the first act to the very last act. Thank you to Beth Slimko, the PTO and all the countless volunteers that work behind the scenes to make the Talent Show a huge success. Thanks also to the students for sharing your talents with us!





Jaley Schultz and Adrian Martinez



Analea Wingard



Whitney Byard and Champ Young



Gabby Gaston



Ava Steketee



Gabby Gaston, Sam Nedeau and Megan Houseman

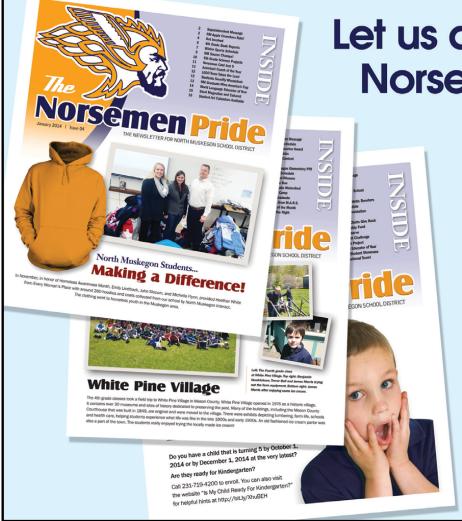


Serenity Pastor

High School Students Represent NM at Rotary



In January, Ashley Babcock, Maggie Karaba and Cal Preston were honored at Rotary for their impressive academic performance, leadership, and involvement in extracurriculars during their high school career. Pictured with our students are Rotary President Brianna Scott and Dr. Babcock. Great job, Norsemen!



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Michigan Middle School Leadership Initiative 2014-2015

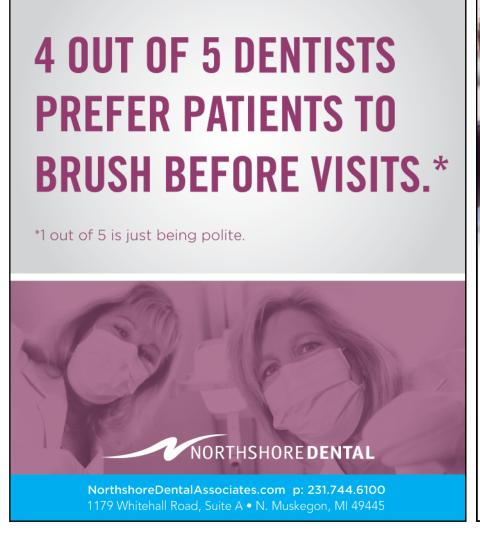
I have always been one of those people that said, "no way you can't go somewhere in the middle of nowhere for five days and come back completely changed but I went to a place in the middle of nowhere and actually the middle of nowhere is called Camp Miniwanca. I have been completely changed as well.

MMLI, the Michigan Middle School Leadership Initiative truly changed my perspective on life for the better. MMLI has all aspects of how to become a true and great leader with in the camp and nature. The slogan I now live by is from camp. "My Own Self At My Very Best All The Time". These 10 words have inspired me to do great and wonderful things in my school work and to better the community. One of my very favorite things that I did at camp was the trust exercises. We went into the woods in the middle of the night with no flashlights. (I know that seems really stupid but the idea behind it wasn't) One of the many things you have to do when you are a leader is work well under pressure or uncomfortable situations. Going into the woods at night was all of those things and very scary for me, with all the crunching of leaves and a sudden snap of a branch a few yards away freaked me out, the unknown is scary for many many people. Though with new found friends nearby who shared the same feeling I did we all got through it together.

We also did a trust fall from about 6 feet up. I fell into my classmates arms and felt sure that in that moment these 9 other people holding me would help me do things that made a trust fall from that high up sound sane. Right near the trust fall in the woods of camp there were tight metal wires. Once on these metal wires we had to walk across and let go of one team mates arm so the others could help us get across. This was hard for me, and several others because how could I possibly trust someone that I wasn't best friends with. That exercise taught me that its okay to ask for help sometimes even if you think you are an independent person and can handle yourself.

Being a part of MMLI was amazing, I believe I speak for all who have gone to this camp that we wish we could have had more time. And when I say I have made lifelong friends I mean it. We all still have contacts from camp. And our leadership school team still meets once or twice every week. We are now planning a day with the trees in Walker Park at the end of May, and we hope to see all of North Muskegon there.

- Andrea Lindback





Danny Cevallos, NM Class of 1993

North Muskegon has produced some outstanding individuals since its founding in 1935. One such individual is Mr. Danny Cevallos. Danny is criminal defense attorney and a legal analyst for CNN and HLN. He is also adjunct professor at Drexel University.

Danny attended school at North Muskegon in the years '90, '91, and '93. When he wasn't attending North Muskegon he went to school in Philadelphia. Danny talked about how it was not uncommon for "kids [to] throw eggs at houses



in the summer, and snowballs at kids at the bus stop in winter" and that "by contrast, in North Muskegon, people decorate your house and your locker if you're on the football team." North Muskegon is different, it is a place "where you drive at a crawl down Ruddiman Drive and flick your steering wheel hand up every 30 seconds to say "hi" to someone in oncoming traffic." Danny calls it the "Ruddiman salute". I've never heard that expression before, but I think we all have done it more times than we can count.

Danny said "If we kids did something stupid—and we did—no one called the cops. They called our parents." This still runs true today in the Village, North Muskegon is a place "where people look out for each other, and you don't have to lock your door."

Mr. Cevallos said that Mr. Karaba and Mr. Clark influenced him the most from North Muskegon. He showed them some love too, dubbing them the Ben Affleck and Matt Damon of the school. He said "were way cooler than any of the kids, and everyone wanted to be in their classes."

Danny graduated college in 1997 and Notre Dame Law School in 2000. He is obviously very successful and a smart man, but not only is he those things, he is humble. I asked him if he had any advice for students today and he said "Nah, because advice is usually just about the advice-giver telling self-congratulatory tales. I see a lot of "advice" that is just thinlyveiled hazing, by adults who just want to feel better about themselves. From what I've seen, and for what its worth, people appear to be successful and satisfied when they are deeply curious and involved in something—the kind of interested that really drives them. Some people have it early on. Some people find it later in life (me, probably, after spending a lot of years as a sloth). Whether it's innate or a product of discipline is for the scientists like Mr. Karaba to debate."

While reluctant to give advice, he did give some awesome advice. Be curious and be involved.

I think Mr. Cevallos is one of the most giving people I've ever spoken to. He took time out of his busy life to talk to a lowly junior in high school and to give back and be involved in his old school. That is someone who deserves to be successful.

- Wil Mierz NM Junior



\$100 Winners!

January - Mike Balash February - Park & Kacey Kersman March - Jim & Jane Boyle

Congratulations!

(If you're interested in a chance to win \$100 too, join the Norse Victory Club! It's not too late to sign up. See the High School Office for more information.)

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Student Showcase is an annual celebration of high school youth of West Michigan. Since 1981, high school students from five counties have had an opportunity to be recognized. For many of the student nominees, this opportunity will be the shining moment of their high school years – for others, the beginning of an amateur or professional career as actors, musicians, writers, athletes and artists.

West Michigan Student Showcase!

Many North Muskegon students were recognized on March 18th and 19th for their achievements and some competed with other area high school students for cash prizes in the areas of Literary Arts, Visual Arts and Performing Arts.

North Muskegon's Academic Nominee was Abbey Vermeulen. She was introduced to the Frauenthal audience and listed in the Showcase program. No cash award was given.

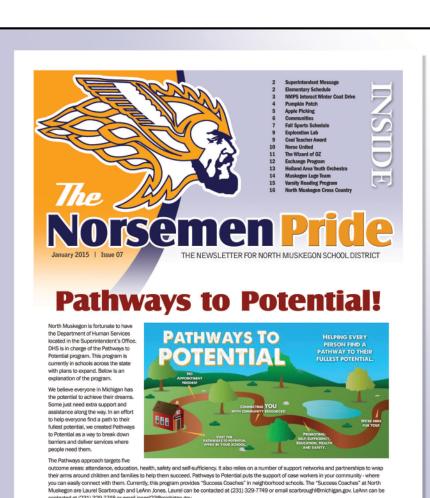
Our Athletic Nominees were Matt Kowalski and Avery Lowe. They too were introduced and listed in the program. No cash award was given.

Mikayla Stone was our Literary Arts Nominee. She competed against Literary Arts nominees from other schools for cash prizes, was introduced to the audience and her work was published in the program.

Our nominee in the Visual Arts category was Jimmy Cobb. His competing entry was on display, along with the other schools' entries, at the Bettye Clark Cannon Gallery of the Frauenthal Center for the Performing Arts from March 3 through March 31. A photo of his entry was also printed in the program.

The Performing Arts Nominee in the solo/duo category was Paige Twining. She played a violin solo, "The Theme from Schindler's List". In the group category, our nominee was Dynamic Trio, a singing group made up of Elizabeth Pitcher, Haley Klanke and Megan Massey who performed "The Chain" by Ingrid Michaelson. This Dynamic Trio won first place in their category and was awarded \$1000.00.

Congratulations to all of our wonderful nominees... we are so proud of you! GO NORSE!



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Staff Wellness Challenge

Since January of this year forty staff members participated in a health and wellness program organized by Danielle Risley. They received wonderful community support. The Gym offered a wonderful lunch and learn program and fitness classes. Muskegon Crossfit educated the staff on the program, and provided us with a heart pounding workout. Rootdown Yoga came in after school to give the staff a refreshing yoga session. Muskegon YMCA introduced us to all their available nutrition education classes, fitness classes, and the highly recommended Glo in the Dark Zumba that is offered monthly for FREE!

The forty staff members during part one had to keep track of water, exercise, sleep, and breakfast. They also participated in team and individual challenges. During part two, they had to keep the weight off! The results were outstanding. The first six week they lost a total of 226.6 pounds and while they maintained their loss, they lost another 47.8 pounds, bringing the total to 274.4 pounds! Great job to all the Norse staff that participated.

Mission Statement: committed to equipping students with the tools they need for academic, personal and social achievement.

BUILDING PHONE NUMBERS

NORTH MUSKEGON ELEMENTARY

231-719-4200

NORTH MUSKEGON MIDDLE SCHOOL/HIGH SCHOOL

231-719-4110

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